

JOIN US FOR AN INTIMATE WOMBN



This month's WOMBn is an intimate weave celebrating my birthday as well as Kerem Brulé. Kerem was the goddess playing the didj during the last phase of Mika's healing..

I invite you if you feel called to join us for a loving warm outer/inner connection to your WOMB, the collective womb and to HER, on 12/12.

We will gather, unite, and journey inward and honor the transition. We offer womb meditations/gentle yin womb yoga, vocalizations/toning and then feast.. celebrating the completion of my kitchen!.

Bring any sumptuous healing and nourishing foods. I am making an age-old elder healing stew.

Wear layers, skirts, shades of red, burgundy, orange or wear white & warm thick socks & leggings. Bring a dish inspiring for our feast: wholesome food or drink
You may also bring a song, dance, or ritual.

When: Dec 12, 2014 Arrive 7:30pm. Women's Rituals 8:30p -- 10:30p.
Men may join at 10:30p. All RSVP's: 760-484-7792
Where: 12705 Sandy Crest Ct., San Diego, CA 92130



About me: Dr Lisa is a psychologist, educator, workshop facilitator, ritualist and humanist. She has been hosting WOMBn since 2003. WOMB'n weaves together beings from all teachings, walks of life, ages, sizes & ethnicities to support our awakening and evolution.

